



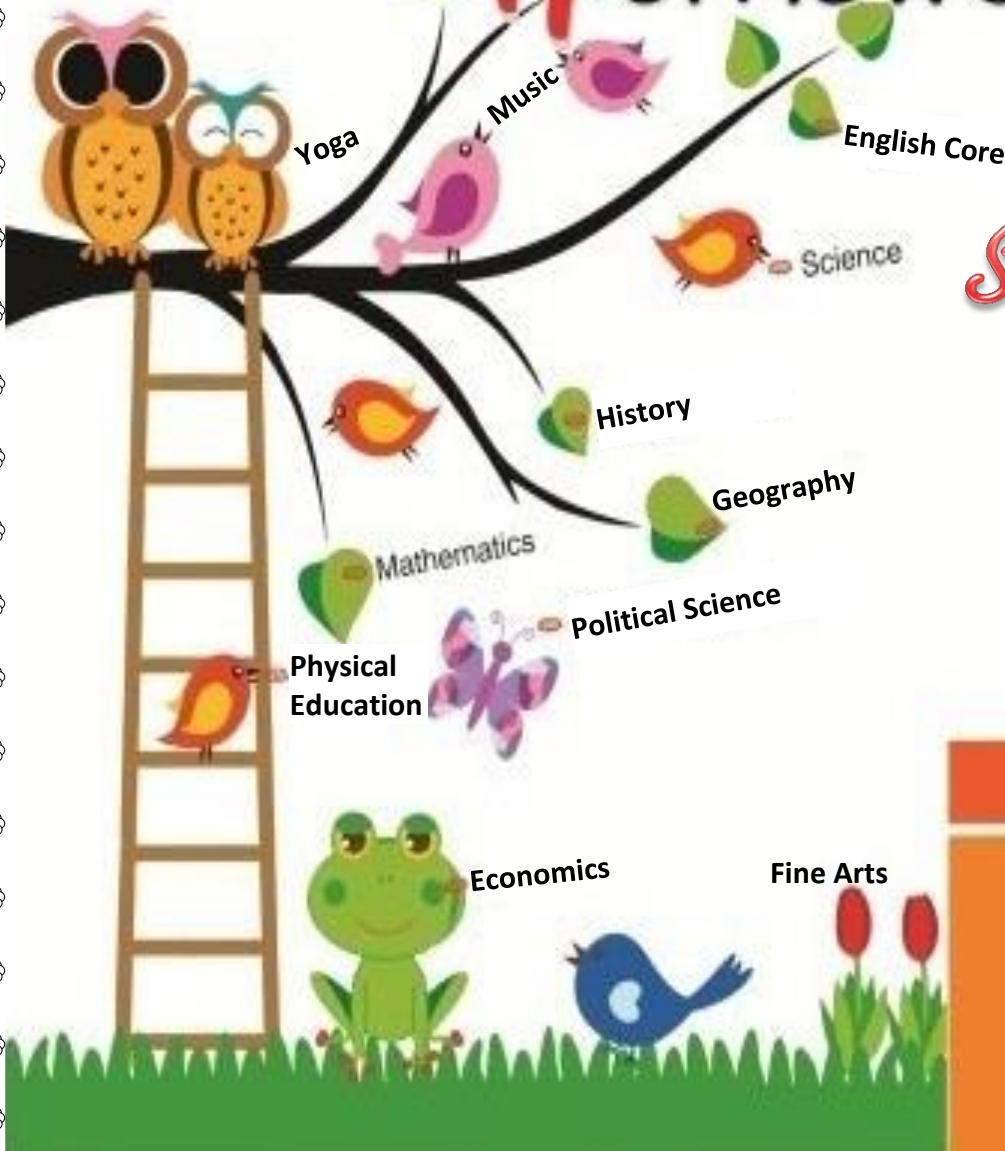
BCM School, Pakhowal Road,
Basant City, Ludhiana

Holidays Homework

2023

STD. XII

ARTS



ENGLISH CORE

(PROJECT WORK)

ASSESSMENT OF LISTENING AND SPEAKING SKILLS (ALS) PROJECT 2022-23

INSTRUCTIONS FOR MAKING THE PROJECT

- The marks allotted for ASL PROJECT: 10 marks (5 for Project+ 5 for Viva)
- Choose any ONE from the below given topics.
- Viva based on the project will be taken by the internal examiner.
- The portfolio of project may include all the points given in each project.
- The project must contain at least 20-25 sheets.
- Use as many pictures /photographs as you require.
- Use sketch pens for headings and coloured pens for content.
- Use A4 size coloured /designer paper sheets for the project and after compiling everything it should be submitted in spiral binding / Project file.

NOTE: THE PROJECT SHOULD BE HANDWRITTEN

PROJECT 1: PLIGHT OF OLD AGED PEOPLE

1. Index
2. Acknowledgement
3. Certificate of Completion
4. Objectives
5. About the Poetess (with photos)
6. Poetess' Personal Experience - Common Paradox of Human Relationships
7. Portrayal of Sensational Separation Between a Mother and a Daughter
8. Plight of Old Aged People : Ugly Truth About Old Age (with photos)
9. Reasons Behind the Need of Old Age Homes
10. Efforts for Stress-Free and Secured Life of Aged People
11. Visit to an Old Age Home (photos of some aged people living in such homes)
12. How to Strike a Balance Between Duties and Responsibilities of Children and Society
13. Role of Youth to Improve the Plight of Aged People
14. Bibliography or References

PROJECT 2: INDIGO – THE EMANCIPATION OF SHARECROPPERS BY MAHATMA GANDHI

1. Index
2. Acknowledgement
3. Certificate of Completion
4. Objectives
5. About the author
6. What is Indigo Sharecropping? (Brief history)
7. Natural Indigo Harvesting and its uses (pictures)
8. Theme of Indigo
9. Role of Rajkumar Shukla
10. Summary of Indigo
11. Efforts by Gandhi to put an end to Sharecropping in Champaran
12. Gandhi as an effective leader
13. Bibliography

PROJECT 3: THE RATTRAP: ESSENTIAL GOODNESS CAN BE AWAKENED THROUGH UNDERSTANDING AND LOVE.

1. Index
2. Acknowledgement
3. Certificate of Completion.
4. Objectives
5. Author's Biography (With Pictures)
6. Introduction: THEME- loneliness/ need for a bonding/ faith in humanity/ kindness/ compassion
7. Summary and analysis
8. Character sketch of major characters
9. The letter by Rattrap peddler- Significance
10. Bibliography or References.

PROJECT 4: A THING OF BEAUTY AND IT'S ROLE IN HUMAN LIFE

1. Index
2. Acknowledgement
3. Certificate of Completion
4. Objective
5. About author John Keats (pictures)
6. Different characteristics of nature like it's eternal, changeless, perfect, source of true happiness, etc.) (Beautiful pictures of Nature)
7. Comparison of human life and Nature (1 page)

For example:

HUMAN	NATURE
Change	Changeless
Mortal	Immortal
Death & \Decay	Eternal

8. Description of beautiful things in nature like
 - Rivers: Symbol of excitement, adventure, healing, never ending supply of life...
 - Sun: equality, light, hope royalty, divinity, positivity power..
 - Trees: lively, wisdom, prosperity, transformation...
 - Animals: divine, moving, growing, fertility, happiness elegance, strength, energy wisdom....
 - Flowers: purity, hope, beautiful, Innocence, humility, youthful....
 - Beauty of Mighty dead : Stories of Saints and sages ,their work and deeds, how they immortalized themselves (Maximum 6 -7 pages with pictures)
9. Any 10 Central idea of -THING OF BEAUTY.
10. Bibliography or References.

PROJECT 5: CHILD LABOUR IN INDIA (LOST SPRING}

1. Index
 2. Acknowledgement
 3. Certificate of Completion
 4. Objective
 5. Child Labour with reference to Lost spring (summary)
 6. Lives of children like Saheb and Mukesh
 7. Describe – Seemapuri (with pictures)
 8. Hazards of Bangle making industry
 9. Initiative against child labour by Indian government Various NGOs
 10. SOS Children's Village in India
 11. The Child Labour Prohibition And Regulation Act, 1986
 12. Ways to eliminate child labour
- Bibliography
-

ACKNOWLEDGEMENT

I would like to extend my sincere and heartfelt obligation towards all those who have helped me in making this project. Without their active guidance, help, cooperation and encouragement, I would not have been able to present the project on time.

I am extremely thankful and pay my sincere gratitude to my teacher _____ for her valuable guidance and support for completion of this project.

I also acknowledge with a deep sense of reverence, my gratitude towards my parents, other faculty members of the school and friends for their valuable suggestions given to me in completing the project.

Date:

Place:

CERTIFICATE OF COMPLETION=

CERTIFICATE

This is to certify that the project work on _____ based on the curriculum of CBSE has been completed by of BCM SCHOOL,BASANT CITY, LUDHIANA The above mentioned project work has been completed under my guidance during the academic year 2022-23.

Signature of Teacher

POLITICAL SCIENCE

LIST OF PROJECTS

Sr. No	Name of Student	Topic for Project
1	Aarna	Emergency Period 1975 – 1977
2	Aditya	Globalization
3	Akshita	SAARC
4	Anju	Globalization
5	Ankush	Globalization
6	Anshita	Emergency Period 1975 – 1977
7	Arshnoor	Coalition and Alliance Government in India
8	Balraj	ASEAN
9	Dhruv	Globalization
10	Divya	ASEAN
11	Diya	SAARC
12	Ekampreet	Nation Building
13	Gurpreet	UNO
14	Harkirat	Globalization
15	Imraaz	ASEAN
16	Jaspreet	Nation Building
17	Keshav	SAARC
18	Kundan	Nation Building
19	Lovepreet	UNO
20	Mannatpreet	UNO
21	Manpreet	Emergency Period
22	Paridhi	UNO
23	Parminder	Nation Building
24	Prajna	Emergency Period
25	Puneet	Coalition and Alliance Government in India
26	Sameer	Emergency Period
27	Srishti	UNO
28	Suman	Nation Building
29	Tanya	Coalition and Alliance Government
30	Vikas	Globalization

1. Read the topic and prepare the outline of the project.
2. Solve the assignment which is shared in Whatsapp group.
3. Prepare the question answer of chapter 1, 2, 3, 4 and 5.

ASSIGNMENT – 01 (NATION BUILDING)

- Q1. Which one of the following statement about the partition is incorrect?
(a) Partition of India was the outcome of the Two Nation Theory.
(b) Punjab and Bengal were the two provinces divided on the basis of religion.
(c) East Pakistan and West Pakistan were not contiguous.
(d) The scheme of partition included a plan for transfer of population across the border.
- Q2. Who was the first deputy Prime Minister of India?
(a) Gopal Krishan Gokhale (b) Morarji Desai
(c) Charan Singh (d) Sardar Vallabhbhai Patel
- Q3. “Tryst with Destiny” speech delivered by Jawahar Lal Nehru on_____.
(a) 14th August 1947 (b) Midnight 15th August 1947
(c) Midnight 14th August 1947 (d) Midnight 14th – 15th 1947
- Q4. Who amongst the following is regarded as one of the greatest poets of South Asia in the twentieth century?
(a) Mohammad Ali Jinnah (b) Jawahar Lal Nehru
(c) Amrita Pritam (d) Faiz Ahmed Faiz
- Q5. Two Nation Theory propounded by_____ in 1940.
(a) Muslim League (b) Faiz Ahmed Ali (c) Md. Ali Jinnah (d) Muslim Organization
- Q6. Which state was known as bi-lingual state?
(a) Punjab (b) Bombay (c) Gujarat (d) Haryana
- Q7. Who was among the following the first Deputy Prime Minister and first Home Minister of Independent India and member of important committees on fundamental rights and minorities?
(a) Potti Sriramulu (b) Khan Abdul Gaffar Khan
(c) Sardar Vallabhbhai Patel (d) Amrtia Pritam
- Q8. Which state had first Assembly election on the basis of UAF?
(a) Hyderabad (b) Manipur (c) Junagadh (d) Awadh
- Q9. When was the States Reorganization Commission set up?
(a) 1956 (b) 1953 (c) 1948 (d) 1952
- Q10. Which one of the following leaders played an important role in the integration of princely states with India?
(a) Jawahar Lal Nehru (b) Sardar Vallabh bhai Patel
(c) C. Rajagopalachari (d) Dr. B.R. Ambedkar
- Q11. When do the Indian got freedom?
(a) On 14 July 1947 (b) In the evening hours of 16th August 1947
(c) Midnight hour of 14 – 15 August 1947 (d) In the morning of 15th August 1947
- Q12. Who was the first Prime Minister of free India?
(a) Dr. Rajinder Prasad (b) Dr. B. R. Ambedkar
(c) Jawahar Lal Nehru (d) Mahatma Gandhi
- Q13. Name the famous speech given by Jawahar Lal Nehru on independence?
(a) Freedom or death (b) Tryst with destiny
(c) I have a dream (d) My vision for India
- Q14. Why did a special session of the constituent Assembly called upon at the midnight of 14 – 15 August 1947?
(a) Because India got independence (b) Because Britisher gave orders for it.
(c) Because there is a situation of emergency. (d) Because Gandhi ji gave a speech.
- Q15. Why India’s situation was was more difficult than other countries getting independence till that time.
(a) There was much poverty in India. (b) India was a most populous country.
(c) Indian freedom came with partition. (d) The country ha large disputed area.
- Q16. Which year was considered as the year of unprecedented violence and trauma of displacement?
(a) 1921 (b) 1947 (c) 1931 (d) 1991

Q17. Who described the day of Indian independence as – “Tomorrow will thus be a day of rejoicing as well as mourning” ?

- (a) Jawahar Lal Nehru (b) Dr. Rajinder Prasad
(c) Mahatma Gandhi (d) Dr. B. R. Ambedkar

Q18. How many type of challenges Independent India faced, broadly?

- (a) One (b) Two (c) Three (d) Four

Q19. “The partition of the country appeared to prove everyone’s worst fear.” Which challenge is pointed out here?

- (a) To establish democracy (b) To ensure well - being of entire society
(c) To unite everyone (d) To shape a nation that is united with such large diversity.

Q20. Which of the following option does not show diversity of the country?

- (a) Its people spoke different languages. (b) India was the land of continental size.
(c) Its land of sub – national identities. (d) Its people follow different culture and religion.

Q21. Which of the following factors ensure political competition in democratic framework?

1. India adopted representative democracy. 2. Right to vote every citizen.
3. Parliamentary form of government. 4. Justice to disadvantaged section.

Options

- (a) (i) , (ii) (b) (ii) , (iii) (c) (iii) , (iv) (d) (i) , (ii) , (iii)

Q22. Which is the prominent step to establish democracy in the country?

- (a) To make aware citizens of importance of democracy.
(b) To form a democratic constitution.
(c) To develop democratic practices in society.
(d) To develop democratic practices in accordance with democratic constitution.

Q23. Which of the following factor laid by the constitution to ensure the development and well - being of the entire society?

1. Principle of equality. 2. Federalism with strong center.
3. Fundamental duties 4. Special protection to socially disadvantaged groups.
5. Welfare goals set out in the directive principle.

Options:-

- (a) (i) , (ii) (b) (ii) , (iii) , (iv) (c) (i) , (iv) , (v) (d) (i) , (ii) , (iii)

Q24. To mark the first Republic day on 26th January 1950 _____ was issued.

- (a) Three stamps (b) New vehicles (c) New laws (d) National flag

Q25. What was the primary challenge at the time of independence?

- (a) To establish democracy (b) To give fundamental rights to citizens
(c) Special protection to the disadvantaged section. (d) National unity and security.

Q26. What does the unity of a country reflect?

- (a) Shared history and common density. (b) The aspiration of people across different regions.
(c) The disparities of different sections of people. (d) All of the Above.

Q27. Name the poet of collections of poetry include Naksh – e – Fariyadi, Dast – e – Saba and Zindan – Nama.

- (a) Jawahar Lal Nehru (b) Faiz Ahmed Faiz (c) Amrita Pritam (d) Dr. Rajinder Prasad

Q28. Amrita Pritam was an active write and editor of _____ Punjabi monthly.

- (a) Bengal Gazzette (b) Amrit Bazaar Patrika (c) Kesari (d) Nagmani

Q29. Which political party advanced the Two Nation Theory?

- (a) Indian National Congress (b) Muslim League
(c) Communist party of India (d) Hindu Mahasabha

Q30. Which two territories comprised the new country Pakistan?

- (a) North and South Pakistan. (b) North and West Pakistan
(c) East and West Pakistan (d) East and South Pakistan.

Q31. What do you mean by the principle of religious majority?

- (a) Major religions comprised in India.
(b) Regions were bifurcated the majority of India.

- (c) Area with Hindu population considered Hindustan.
 (d) Area with Muslim majority would make up the Pakistan Territory
- Q32. Which of the following statement is not true about the Khan Abdul Gaffar Khan?
 (a) He was the leader of the NWFP. (b) He was also known as 'Frontier Gandhi.'
 (c) He accepted the two nation theory. (d) His voice was ignored at the times of partition.
- Q33. With which country the NWFP area was merged?
 (a) India (b) Pakistan (c) Bhutan (d) Nepal
- Q34. Why the partition of Punjab and Bengal did caused the deepest trauma of partition?
 (a) These two provinces had majority Muslim population.
 (b) People of these province unaware of their nationality on the eve of independence.
 (c) People of these provinces beaten up by the Muslim.
 (d) Government displaced the people of these provinces from their home.
- Q35. Who were the easy targets of attacks during Partitions?
 (a) Muslim minority (b) Sikh minority
 (b) Untouchables (d) Minorities on the both sides.
- Q36. Which part of the Bengal has now become Bangladesh?
 (a) East (b) West (c) South (d) North
- Q37. What were the only options left with the minorities of both sides?
 (a) To change their religion (b) To leave their homes
 (c) To fight with majority (d) To protest against partition
- Q38. How do the women of minority section treated during the partition period?
 1. They were abducted. 2. They were forced to convert their religion.
 3. They were forced into marriage. 4. They were given special status.
 5. They got rebates and concessions in goods.
 Options:
 (a) (4) , (5) (b) (1), (2) (c) (1), (2), (3) (d) (3), (4), (5)
- Q39. With which of the following interest the Muslim League was formed?
 (a) To make the demand of separate nation.
 (b) To give education to Muslim community.
 (c) To protect the interest of Muslim in colonial India.
 (d) To integrate all Muslims with Hindu community.
- Q40. Which part of British India was directly under the control of the British government?
 (a) The princely state (b) The British Indian Provinces
 (b) The NWFP (d) The Eastern States
- Q41. Which of the following was the first princely state that announces their Independence?
 (a) Nizam of Hyderabad (b) Ruler of Travancore
 (c) Nawab of Bhopal (d) Rulers of Rajputana
- Q42. Why did the prospectus of democracy for people in princely state look bleak?
 (a) They do not want democracy.
 (b) They were illiterate people.
 (c) Governments were run in a non - democratic manner their own.
 (d) None of these.
- Q43. What was the view of Muslim League on status of the Muslim League?
 (a) They must be joining with Pakistan. (b) They must be forcefully join India.
 (c) They must be remain free to decide by their own (d) They must become a separate country.
- Q44. How many small states were there in Orissa?
 (a) 26 (b) 14 (c) 119 (d) 220
- Q45. Which of the following option is true about the Sardar Patel?
 i. He was India's Deputy Prime Minister.
 ii. He was also agriculture minister.
 iii. He played a critical role in the integrating the princely states.
 Options: (a) (i) (b) (i), (ii) (c) (ii) , (iii) (d) (i) , (iii)

Q46. Name the document signed by the states to agree upon a united India?

- (a) The Constitution of India (b) The instrument of Accession
(c) The instrument of Unity (d) The merger agreement

Q47. How the issue of Junagarh does was resolved?

- (a) Through forceful repression (b) Through peaceful negotiation
(c) Through plebiscite (d) Through deliberate law.

Q48. _____ is the direct vote of an entire area or nation to decide upon an issue of great importance?

- (a) Election (b) Plebiscite (c) Ballot (d) Representative democracy

Q49. In which states the Instrument of Accession proved difficult?

- (a) Junagadh, Hyderabad, Manipur (b) Gujarat, Mysore, Bombay
(c) Punjab, Kashmir, Madras (d) Bengal, Assam, Junagadh

Q50. _____ was the largest of the princely states.

- (a) Hyderabad (b) Jammu and Kashmir
(c) Central Province (d) Junagadh

Q51. Which of the following is not true about the ruler of Hyderabad?

- (a) He was one of the world's man
(b) Its ruler carried the title of Nizam.
(c) He wanted to unite his region with Indian Union.
(d) He entered into the standstill Agreement.

Q52. Name the first part of India to hold an election based on Universal Adult Franchise.

- (a) Manipur (b) Hyderabad (c) Junagadh (d) Jammu and Kashmir

Q53. What was the status of Manipur state after elections of 1948?

- (a) Republic (b) Democratic (c) Constitution (d) Constitutional Monarchy

Q54. The state which was included in communal zone _____.

- (a) Lahore (b) Kolkata (c) Jammu and Kashmir (d) Amritsar

Q55. Which state was not formed in 2000?

- (a) Jharkhand (b) Bombay (c) Chhattisgarh (d) Uttaranchal

Q56. When did M. Ali Jinnah addressed the constituent assembly of Pakistan?

- (a) 14th August 1947 (b) 15th August 1947
(c) 20th August 1947 (d) 11th August 1947

Q57. The Chhattisgarh was carved out of _____ original state.

- (a) Uttar Pradesh (b) Andhra Pradesh (c) Jharkhand (d) Madhya Pradesh

Q58. In which region mapping of boundaries on religious ground was done?

- (a) India and Pakistan (b) India and Bangladesh
(c) East Bengal and West Bengal (d) None of these

Q59. On what basis states reorganized in 1956?

- (a) Geographical area (b) Caste (c) Religious (d) Language

Q60. Razakars were a para-military force unleashed by _____ in response to the revolt of the peasantry of Telangana.

- (a) Nizam of Hyderabad (b) Nawab of Awadh
(c) Maharaja of Manipur (d) British

Q61. _____ was accredited with the title of Iron man for his role in the integration of states in the Indian union after Independence.

- (a) Jawahar Lal Nehru (b) Khan Abdul Gaffar Khan
(c) Maulana Abdul Kalam Azad (d) Sardar Vallabhbhai Patel

Q62. Consider the following statements regarding the partition of British India:

- i. Several hundred thousand people killed and innumerable women raped and abducted.
- ii. Millions were uprooted, transformed into refugees in alien lands.
- iii. Probably some 15 million had to move across hastily constructed frontiers separating India and Pakistan.

Options: (a) Only (i) (b) (i) and (ii) (c) (i) and (iii) (d) All of the above

Q63. An astounding leader who combined in himself the features of Nationalist, Catalyst and Realist.

- (a) Sardar Vallabhbhai Patel (b) Deen Dayal Upadhyaya
(c) Ram Manohar Lohia (d) Jaya Prakash Narayan.

ART INTEGRATED ACTIVITY

Prepare the comparative chart of political executive of Punjab and Odisha

Sr. No	Punjab		Odisha	
	Name of Designation	Name and Picture	Name of Designation	Name and Picture
	Chief Minister			
	Home Minister			
	Finance Minister			
	Information and public relation			

HISTORY

“A person without the knowledge of their past history, origin and culture is like a tree without roots.”–

Marcus Garvey

1. Make a project file on any one of the following topics:

- Mohenjo-Daro
- Ashoka-The Great
- Life of Buddha
- Guru Nanak Dev and other Sikh Gurus
- Vijay nagar Empire
- Mughal Empire
- Revolt of 1857
- Mahatma Gandhi the legendary Soul
- Making of Indian Constitution

Guidelines:

- Project is to be made on Excel Bond Sheets
- Use lots of colours, pictures and drawing to highlight your project.
- Leave space for Front page and Certificate as you will be guided about it later.
- Project should be minimum of 20 pages.

2. Watch the following movies for a better understanding of the Chapters.

- MANGAL PANDEY–THERISING (CH. REVOLT OF 1857)
- LAGAAN–(CH10. COLONIALISM AND THE COUNTRYSIDE)
- LEGEND OF BHAGAT SINGH (CH13. MAHATMA GANDHI THROUGH CONTEMPORARY EYES)

After watching each movie write are port on the same in your fair notebook.

3. **Timeline of Through the eyes of Travellers. (Roll no. 1, 10, 12)**

4. **Make a poster on any one Indian historical King/Ruler/Leader who has inspired you. (Roll no. 16, 21, 24)**

5. **Do the given worksheet and revise the taught portion.**



BCM SEN. SEC. SCHOOL,

BASANT CITY,

LUDHIANA

HISTORY PROJECT

REPORTSESSION – 2023 – 2024

TOPIC

Submitted To:

Submitted By:

Name :-

Class:-

Roll No:-

BCM SEN. SEC. SCHOOL, BASANT CITY, LUDHIANA

DEPARTMENT OF HISTORY

CERTIFICATE

This is to certify that _____ (name of student), a student of class XII has successfully conducted the report on the project _____ (topic of Project) under the guidance of _____ (Subject Teacher) during the year 2023 – 2024 in partial fulfilment of HISTORY practical examination conducted by AISSE, New Delhi.

Name of Examiner

Signature of Examiner

Name of Subject Teacher

Signature of Subject Teacher

ACKNOWLEDGEMENT

In the present world of competition there is a race of existence in which those are having will to come forward succeed. Project is like a bridge between theoretical and practical working. With this willing I joined this particular project.

First of all, I am grateful to The Almighty God for establishing me to complete this project.

I wish to express my sincere thanks to **Mr. J. P. Singh (Principal) of BCM Sen. Sec. School, Basant City, Ludhiana**) for providing me with all necessary facilities.

I place on record, my sincere gratitude to **Mr. Kapil Lath (Co-ordinator)** for his constant encouragement.

I also thank _____ (History Teacher), Department of History. I am extremely grateful and indebted to him for his expert, sincere and valuable guidance and encouragement extended to me.

I take this opportunity to record my sincere thanks to all the faculty members for their help and encouragement. I also thank my parents for their unceasing encouragement and support.

I also place on record my sense of gratitude to one and all who directly or indirectly have lent their helping in this venture.

ECONOMICS

Students will be assigned one project to be completed which includes following objectives:

Objectives:

- ✓ Probe deeper into theoretical concepts.
- ✓ Analyse and evaluate real world economic scenarios.
- ✓ Demonstrate the learning of economic theory.
- ✓ Follow up aspects of economics.

Instructions:

- ✓ Project File should be handwritten.
- ✓ File should be presented in self-made presentable folder.
- ✓ Topic of the project should be clearly understandable.
- ✓ It should be an independent, self-directed piece of study.

Expected check list in Project:

- ✓ Introduction of the topic
- ✓ Acknowledgement
- ✓ Certificate
- ✓ Index
- ✓ Subject matter including schedules and curves.
- ✓ Conclusion
- ✓ Bibliography

Assigned Projects:

- ✓ Micro and Small Scale Industries.
- ✓ GST Act and its impact on GDP.
- ✓ Government Budget and its components.
- ✓ Digital India – Steps towards the future.
- ✓ Make in India – The way ahead
- ✓ SARWA SIKSHA Abhiyan – Cost ratio benefits
- ✓ Organic Farming – Back to the nature
- ✓ Demonetization
- ✓ Waste management in India – Need of the hour.
- ✓ Effect of Ukraine and Russia war on Indian Economy.
- ✓ Effect of Sri Lanka crises.
- ✓ Effect of CORONA Pandemic on World Economies.

GEOGRAPHY

Read the Chapter 1, 4, 5, and solve the assignment which shared in whatsapp group.

Prepare the question answer of chapter 1 , 4, 5.

Read the chapters of Practical book.

PUNJABI

- 1.ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿਚ ਦਰਜ ਕਹਾਣੀਆਂ 'ਨੀਲੀ' ਤੇ 'ਮਾੜਾ ਬੰਦਾ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਉਸ ਦਾ ਸਾਰ ਲਿਖੋ।
2. ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਰਜ ਅਖਾਣ 16-30 ਪੜ੍ਹੋ ਤੇ ਯਾਦ ਕਰੋ।
3. ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਰਜ ਸੱਭਿਆਚਾਰ ਨਾਲ ਸਬੰਧਿਤ ਪਾਠ 'ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ' ਅਤੇ 'ਪੰਜਾਬ ਦੇ ਰਸਮ-ਰਿਵਾਜ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਦਿੱਤੇ ਅਭਿਆਸ ਨੂੰ ਹੱਲ ਕਰੋ।
- 4.ਆਪਣੇ ਮਨਪਸੰਦ ਕਿਸੇ ਵੀ ਦੋ ਵਿਸ਼ਿਆਂ ਤੇ ਪੈਰਾ ਰਚਨਾ ਲਿਖੋ।
5. ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਿੱਤੇ ਕਾਰ ਵਿਹਾਰ ਨਾਲ ਸਬੰਧਿਤ ਪੱਤਰਾਂ ਨੂੰ ਯਾਦ ਕਰੋ ਤੇ ਲਿਖੋ।
6. ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਿੱਤੀਆਂ ਕਵਿਤਾਵਾਂ 'ਚੁੰਮ-ਚੁੰਮ ਰੱਖੋ' ਤੇ 'ਵਾਰਸ ਸਾਹ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਪ੍ਰਸੰਗ ਸਹਿਤ ਵਿਆਖਿਆ ਲਿਖੋ।
- 7.ਹੇਠ ਲਿਖਿਆਂ ਵਿੱਚੋਂ ਕਿਸੇ ਇੱਕ ਵਿਸ਼ੇ ਤੇ ਪ੍ਰਾਜੈਕਟ ਬਣਾਓ।
 - *ਖੁਰਾਕ [ਕਿਸੇ ਇੱਕ ਰਾਜ ਜਾਂ ਪ੍ਰਦੇਸ਼ ਤੇ ਆਧਾਰਿਤ]
 - *ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ
 - *ਬਜ਼ੁਰਗਾਂ ਦਾ ਘਟ ਰਿਹਾ ਸਤਿਕਾਰ [ਕਾਰਨ ਤੇ ਸੁਝਾਅ]
 - *ਕੋਰੋਨਾ ਕਾਲ ਸਮੇਂ ਪੇਂਡੂ ਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਦਾ ਅੰਤਰ
 - *ਕੋਰੋਨਾ ਕਾਲ ਸਮੇਂ ਉੱਭਰੀ ਲੋਕ ਸੇਵਾ ਭਾਵਨਾ
 - *ਕੋਰੋਨਾ ਕਾਲ ਸਮੇਂ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ
 - *ਪਰੋਨਾ ਕਾਲ ਸਮੇਂ ਪ੍ਰਦੂਸ਼ਣ ਦੀ ਸਥਿਤੀ
 - *ਕੋਰੋਨਾ ਕਾਲ ਤੋਂ ਬਾਅਦ ਸਕੂਲਾਂ ਦੀ ਸਥਿਤੀ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਵਿਵਹਾਰ
 - *ਵਿਦੇਸ਼ਾਂ ਵਿੱਚ ਜਾਣ ਦੀ ਹੋੜ [ਸ਼ੌਕ, ਮਜ਼ਬੂਰੀ ਜਾਂ ਸਮਾਜਿਕ ਰੁਤਬਾ]
 - *ਸੋਸ਼ਲ ਮੀਡੀਆ ਦਾ ਵਧ ਰਿਹਾ ਪ੍ਰਭਾਵ
 - *ਵਿਗਿਆਨੀ [ਸਮਾਜ ਨੂੰ ਦੇਣ]
 - *ਲੇਖਕ [ਸਾਹਿਤਕ ਦੇਣ]
 - *ਮਹਾਂਪੁਰਸ਼ [ਜੀਵਨੀ ਤੇ ਉਪਦੇਸ਼]

HINDI

1. ਤੀਜ ਵਿਭਯ ਪਰ ਰਚਨਾਤਮਕ ਲੇਖ ਲਿਖਿਏ।
ਤਾਜਮਹਲ ,ਸਦੀਂ ਕਾ ਏਕ ਢਿਨ,ਚਾਂਢਨੀ ਰਾਤ ਮੈਂ ਨੌਕਾ ਵਿਹਾਰ ਔਰ ਯਦਿ ਮੈਂ ਪ੍ਰਧਾਨਮੰਤ੍ਰੀ ਬਨ ਜਾਠੰ।
2. ਬਾਜ਼ਾਰ ਢਰਸ਼ਨ ਕੇ ਆਧਾਰ ਪਰ ਨਿਮਲਿਖਿਤ ਵਿਭਯੋਂ ਪਰ ਵਿਜ਼ਾਪਨ ਤੈਯਾਰ ਕੀਜਿਏ:-
ਟੂਥਪੇਸਟ, ਸੋਨੇ ਕੀ ਚੂਡਿਯਾਂ, ਸਾਡਿਯੋਂ ਕੀ ਸੇਲ
3. ਪਤੰਗ ਕਵਿਤਾ ਕਾ ਸੰਦੇਸ਼ ਅਪਨੇ ਸ਼ਬਦੋਂ ਮੈਂ ਲਿਖਿਏ।
4. ਪਤ੍ਰਕਾਰਿਤਾ ਕੇ ਵਿਭਿੰਨ ਆਯਾਸ, ਕਹਾਨੀ, ਨਾਟਕ ਔਰ ਕਵਿਤਾ ਕੇ ਮੁਖਯ ਅੰਗ ਬਤਾਏ। ਔਰ ਤਨਕਾ ਮਹਤਵ ਪ੍ਰਤਿਪਾਦਿਤ ਕੀਜਿਏ।
5. ਸਿਲਵਰ ਵੇਡਿੰਗ ਪਾਠ ਕੇ ਆਧਾਰ ਪਰ ਤਡੀਸਾ ਔਰ ਪੰਜਾਬ ਕੇ ਵਿਵਾਹ ਸਮਾਰੋਹ ਮੈਂ ਹੋਨੇ ਵਾਲੇ ਰੀਤਿ-ਰਿਵਾਜੋਂ ਕਾ ਕੋਲਾਜ ਬਨਾਏ।

Guidelines:-Material used for file decoration

1. Thread file A4 size crush sheet or texture sheet for cover the file.
2. Decorative material for file cover decoration like tape, flowers, glitters sheets, stones etc.
3. Designer coloured assignment sheets.
4. Use coloured pens, gel pens for written work and coloured printouts for pictures.

PHYSICAL EDUCATION

Record File shall include:

PRACTICAL-1

Fitness tests administration

PRACTICAL-2

Procedure for Asanas, Benefits and Contraindication for any five Asanas for each lifestyle disease.

PRACTICAL-3

Anyone one IOA recognised Sport/Game of choice. Labelled diagram of field and equipment. Also mention its Rules, Terminologies and Skills

PRACTICAL-4

Project file on IPL 2023

MUSIC

Project work

- Students have to prepare the project file

Guidelines for preparing file

- Practical file should be handwritten.
- File should be presented neatly.

Contents for project will be

- 1) Talas along with single, double, tigung, chogun
 - i. Dhamar Tala
 - ii. Roopak Tala
 - iii. Jhap Tala
- 2) Write any one life sketch
 - i. Ustad Abdul Karim Khan
 - ii. Ustad Faiyaz Khan
 - iii. Pt. Krishna Rao Shankar Pandit
 - iv. Ustad Bade Ghulam Ali Khan.
- 3) Ragas: full description and notation
 - i. Bhairav
 - ii. Malkauns
 - iii. Bageshri

(paste pictures of musical instruments and musicians)

FINE ARTS

INSTRUCTIONS:

- **ALL 3 Projects of Holidays H.W. are compulsory.**
- **Work should be Presentable and neat, only presentable work should be accepted.**

Project 1 - Make 1 Landscape on A2 sized sheet, 2 Still -Life sheets on A2 sized sheets and 2 Composition paintings on Topic Folk art of Punjab and Odisha.

EXAMPLES:-



PROJECT 2 - 1 Lippon art A4 Sized on cardboard or canvas with Mirror work.

EXAMPLES:-



**PROJECT 3 - Make an Assignment file with pictures pasting on given topic
(take help from theory book) - Choose any one out of three topics.**

- 1. Painting of Modern Trends in Indian art.**
- 2. Graphic prints of Modern Trends in Indian art.**
- 3. Sculptures of Modern Trends in Indian art.**

YOGA

- * **Surya Namaskar**
- * **Asana (any 5)**
- * **Pranayama (any 2)**
- * **Bandh**
- * **Mudra**